

PROTECT YOURSELF AND YOUR FAMILY AGAINST MEASLES

Measles is a serious infection of the airway that is easily spread from one person to another. There has been a recent increase of measles cases in Ontario, with most cases linked to travel outside of Canada.

SYMPTOMS MAY INCLUDE:

- Fever
- Cough
- Runny nose
- Red eyes
- Red blotchy rash

IT CAN SPREAD VERY EASILY FROM AN INFECTED PERSON BY:

- Coughing
- Sneezing
- Talking
- Breathing
- Touching eyes, nose or mouth after touching an infected surface
- Being in a room hours after someone with measles has been there

Getting vaccinated is the best way to protect yourself, your children and your community against measles.

REMEMBER THESE FACTS:

1. Measles can lead to serious complications and death. Pregnant people and children under 5 years of age are at higher risk.
2. The measles vaccine is very safe and effective. Any side effects are usually minor and resolve on their own.

Check your vaccine records. If you are unsure whether you or your family are protected against measles, talk to a healthcare professional or contact your local public health unit.

IF YOU THINK THAT YOU OR YOUR FAMILY HAS BEEN EXPOSED TO AND/OR HAS SYMPTOMS OF MEASLES:

1. Stay home
2. Isolate from others
3. Contact a healthcare professional immediately



Find out more information:
ontario.ca/page/about-measles

