



Acknowledgement of the Land and First Peoples

I would like to begin by acknowledging my sincere gratitude for the opportunity to work and live on this beautiful land that has been occupied by First Nations since the beginning of time. This land, on which PCMCH operates, is the traditional territory of the Haudenosaunee, Wendat and Anishinaabe Peoples. Today, Toronto is covered by the Toronto Purchase, Treaty No. 13 with the Mississauga's of the Credit. Toronto is now home to Indigenous Peoples from across Turtle Island.

PCMCH recognizes that Indigenous practices of health and well-being have been in place in this territory since time began and are maintained to this day. We are committed to honoring and improving our knowledge on these practices. We recognize the harms and mistakes of the past and we take meaningful steps toward reconciliation by building and improving relationships with First Nations, Inuit, and Métis peoples.

Add a sentence to personalize i.e., What land are you standing on? What is your position to this land; did your family immigrate or were your ancestors displaced? What is this land saying to you now? What gifts does the land share with you? What does the land teach you? How are you inspired to take action?