



Directory of
Paediatric Diabetes
Education Programs

Paediatric Diabetes Network

July 2025



**Provincial
Council for
Maternal and
Child Health**

Provincial Council for Maternal and Child Health Paediatric Diabetes Network

Directory of Paediatric Diabetes Education Programs by Ontario Health Region

Last updated on July 8, 2025

Coordinated by the Provincial Council for Maternal and Child Health (PCMCH) since 2013, the Paediatric Diabetes Network (PDN) is comprised of 35 paediatric diabetes education programs (PDEPs) located primarily in hospitals and community health centres across Ontario. Comprehensive diabetes education and care is provided at PDEPs by multidisciplinary teams, largely consisting of registered nurses, registered dietitians, registered social workers, paediatricians, and paediatric endocrinologists.

Please contact the PDEP in your community to learn more about the specific services they provide and where services are provided (some PDEPs have satellite locations in addition to the main site listed herein and/or do outreach to surrounding communities).

PDEPs in the Ontario Health West Region

Diabetes Education Centre, Chatham-Kent Health Alliance

47 Emma Street

Chatham, ON N7L 1A6

519-352-6400 ext. 6086

<https://www.ckha.on.ca/diabetes-education-centre/>

Diabetes Education Centre, Bluewater Health

Level 1, Russell Building

89 Norman Street

Sarnia, ON N7T 6S3

519-464-4400 ext. 5329 or 5650

<https://www.bluewaterhealth.ca/types-of-care/diabetes-clinical-nutrition>

Paediatric Metabolic Clinic, Windsor Regional Hospital

1995 Lens Avenue

Met Campus, 3 North

Windsor, ON N8W 1L9

519-254-5577 ext. 55531 (regular business hours) / ext. 55534 (weekends)

<https://www.wrh.on.ca/PaediatricProgram>

Paediatric Diabetes, Children's Hospital, London Health Sciences Centre

First Floor, Zone B

800 Commissioners Road East



London, ON N6A 5W9
519-685-8500
<https://www.lhsc.on.ca/diabetes>

Diabetes Grey Bruce, Brightshores Health System
1800 8th Street East
Owen Sound, ON N4K 6M9
519-376-2121 ext. 2876
<https://diabetesgreybruce.ca/services/kids-with-diabetes/>

Diabetes Education Program, Langs
1145 Concession Road
Cambridge, ON N3H 4L6
519-653-1470 ext. 285
<https://www.langs.org/programs-services/health/diabetes-education-program>

Paediatric Diabetes Program, Guelph General Hospital
115 Delhi Street, 7th Floor
Guelph, ON N1E 4J4
519-837-6440 ext. 2784
<https://www.gghorg.ca/paediatrics/>

Juvenile Diabetic Clinic, Grand River Hospital, Waterloo Regional Health Network
A Wing, Third Floor
835 King Street West
Kitchener, ON N2G 1G3
519-749-4300 ext. 2491
<https://www.grhosp.on.ca/care/services-departments/childrens-program/childrens-outpatient-services/additional-services-and-clinics>

Diabetes Education Centre, Brant Community Healthcare System
200 Terrace Hill Street
Brantford, ON N3R 1G9
519-751-5544 ext. 4267
<https://www.bchsys.org/en/care-services/diabetes-education-centre.aspx>

Paediatric Diabetes Clinic, Joseph Brant Hospital
Family Centre, 2nd Floor
1230 Northshore Boulevard
Burlington, ON L7S 1W7
905-632-3737 ext. 5510
<https://www.josephbranthospital.ca/areas-of-care/maternal-child-program/paediatic-unit/paediatic-diabetes-clinic>

Pediatric Diabetes Program, McMaster Children's Hospital, Hamilton Health Sciences

2G Child & Youth Clinic, Level 2, Section G (Red)
1200 Main Street West
Hamilton, ON L8N 3Z5
905-521-2100 ext. 78513

<https://www.hamiltonhealthsciences.ca/mcmaster-childrens-hospital/areas-of-care/medicine/diabetes-clinic/>

Niagara Diabetes Centre, Niagara Health System

65 Third Street
Welland, ON L3B 4W6
905-682-4200 or 1-800-263-2480

www.niagarahealth.on.ca/en/diabetes-education-centre

PDEPs in the Ontario Health Central Region

Diabetes Education Centre, William Osler Health System

Second Level, Zone C, Room 202
Peel Memorial Centre for Integrated Health and Wellness
20 Lynch Street
Brampton, ON L6W 2Z8
905-863-2562

<https://www.williamoslerhs.ca/en/areas-of-care/diabetes-care.aspx#Diabetes-Education-Centre-DEC->

Fourth Floor, Etobicoke Wellness Centre
115 Humber College Boulevard
Etobicoke, ON M9B 4V8
416-747-3400 ext. 32393

<https://www.williamoslerhs.ca/en/areas-of-care/diabetes-care.aspx#Diabetes-Education-Centre-DEC->

Diabetes Education Centre, Headwaters Health Care Centre

Lower Level
100 Rolling Hills Drive
Orangeville, ON L9W 4X9
519-941-2702 ext. 2525

<https://www.headwatershealth.ca/areas-of-care/ambulatory-services/diabetes-care/>

Paediatric Diabetes Education Centre, Family Care Centre, Trillium Health Partners

2nd Floor, Suite 201
77 Queensway West
Mississauga, ON L5B 1B7
905-848-7653

<https://www.thp.ca/patientservices/children%E2%80%99sservices/paediatricservices/Pages/Paediatric-Diabetes-Education-Centre.aspx>



Paediatric Diabetes Education Program, Oakville Trafalgar Memorial Hospital, Halton Healthcare

Area H – Halton Diabetes Program, 2nd Floor, Centre Block
Oakville Trafalgar Memorial Hospital
3001 Hospital Gate
Oakville, ON L6M 0L8
905-338-4437

https://www.haltonhealthcare.on.ca/services_/28763/t28457-halton-diabetes-program/s76228-information-for-children--paediatric-

Tracey Rubinoff Paediatric Diabetes Clinic, Markham Stouffville Hospital, Oak Valley Health

381 Church Street, Clinic 3
Markham, ON L3P 7P3
905-472-7373 ext. 6053

<https://www.oakvalleyhealth.ca/clinics-departments/childbirth-children/childrens-health/child-birth-childrens-clinic/tracey-rubinoff-paediatric-diabetes-clinic/>

Paediatric Diabetes Clinic, Royal Victoria Regional Health Centre

Outpatient Child & Youth Treatment Clinic
201 Georgian Drive, First Floor
Barrie, ON L4M 6M2
705-797-2395

<https://www.rvh.on.ca/areas-of-care/paediatrics/>

Paediatric Diabetic Education Centre, Orillia Soldiers' Memorial Hospital

170 Colborne Street West
Orillia, ON L3V 2Z3
705-325-2201 Ext. 3152

<https://www.osmh.on.ca/paediatrics/>

PDEPs in the Ontario Health Toronto Region

Diabetes Clinic, The Hospital for Sick Children (SickKids)

Clinic 9, Burton Wing, Main Floor
170 Elizabeth Street
Toronto, ON M5G 1E8
416-813-5592

<https://www.sickkids.ca/en/care-services/clinics/diabetes-clinic/>



Child and Teen Diabetes Education Program, North York General Hospital

NYGH Outpatient and Community Services Centre
South Entrance, Unit 7E
2 Champagne Drive
Toronto, ON M3J 0K2
416-756-6923

<https://www.nygh.on.ca/areas-care/maternal-newborn-and-paediatric-care/paediatrics/paediatric-outpatient-clinics/child-and-teen-diabetes-education-program>

Paediatric Diabetes Education Clinic, Centenary Hospital, Scarborough Health Network

12th Floor, Centenary Hospital
2867 Ellesmere Road
Scarborough, ON M1E 4B9
416-281-7476

<https://www.shn.ca/areas-of-care/diabetes-education/paediatric-diabetes-education-clinic/>

PDEPs in the Ontario Health East Region

Diabetes Clinic, Children's Hospital of Eastern Ontario (CHEO)

C-10
401 Smyth Road
Ottawa, ON K1H 8L1
613-737-7600 ext. 2353

<https://www.cheo.on.ca/en/clinics-services-programs/diabetes-clinic.aspx>



Pediatric Diabetes Education Centre, Peterborough Regional Health Centre

1 Hospital Drive
Peterborough, ON K9J 7C6
705-743-2121 ext. 2235

<https://www.prhc.on.ca/healthcare-services/women-children/pediatric-diabetes-education-centre/>

Charles H. Best Diabetes Centre

360 Columbus Road East
Whitby, ON L1M 1Z5
905-620-0360

www.charleshbest.com/

Diabetes Education and Outpatient Clinical Nutrition Clinic, Quinte Health

265 Dundas Street East
Belleville, ON K8N 5A9
613-969-7400 ext. 2028

<https://quintehealth.ca/care-service/diabetes-education-program/>

Pediatric Diabetes Education Program, Hotel Dieu Hospital, Kingston Health Sciences Centre

Children's Outpatient Clinic
166 Brock Street
Kingston, ON K7L 5G2
613-544-3400 ext. 3162

<https://kingstonhsc.ca/dem>

Renfrew County Diabetes Education Program, Pembroke Regional Hospital

705 Mackay Street
Pembroke, ON K8A 1G8
1-855-293-7838

<https://www.pembrokeregionalhospital.ca/vascularhealth>

PDEPs in the Ontario Health North West Region

Diabetes Health, St. Joseph's Care Group

St. Joseph's Heritage Site
63 Carrie Street
Thunder Bay, ON P7A 4J2
807-344-3422

<https://sjcg.net/services/complex-physical-rehab/diabetes-health/main.aspx>



Diabetes Program, Sioux Lookout Meno Ya Win Health Centre

1 Meno Ya Win Way, P.O. Box 909
Sioux Lookout, ON P8T 1B4
807-737-6576

<https://slmhc.on.ca/departments-and-services/diabetes/>

PDEPs in the Ontario Health North East Region

Algoma Diabetes Education & Care, Group Health Centre

83 Willow Avenue
Sault Ste. Marie, ON P6B 5B1
705-541-2670

<https://ghc.on.ca/public-services/algoma-diabetes-education-care/>



Diabetes Education Centre, North Bay Regional Health Centre

North Bay Site – Nipissing
50 College Drive
P.O. Box 2500
North Bay, ON P1B 5A4
705-472-6111

<https://nbrhc.on.ca/programs-services/outpatient-programs/diabetes-education-centre/>

Part-time sites also in Mattawa and Sturgeon Falls:

Mattawa

Mattawa Hospital
P.O. Box 70
217 Turcotte Park Road
Mattawa, ON P0H 1V0
705-744-5511 ext. 2234

Sturgeon Falls

West Nipissing General Hospital
725 Coursol Road
Sturgeon Falls, ON P2B 2Y6
705-753-3110 ext. 247

Diabetes Management Program, NEO Kids and Family Program, Health Sciences North

South Tower, Level 1
Ramsey Lake Health Centre
41 Ramsey Lake Road
Sudbury, ON P3E 5J1

705-523-7120 ext. 3508 or 3545

<https://hsnsudbury.ca/en/Services-and-Specialties/NEO-Kids-and-Family-Program/Pediatric-ACU/Diabetes-Management-Program>

Diabetes Education Centre, Timmins and District Hospital

700 Ross Avenue East
Timmins, ON P4N 8P2

705-267-2131 ext. 5800

<https://www.tadh.com/>

Weeneebayko Diabetes Health Education Program, Weeneebayko General Hospital, Weeneebayko Area Health Authority

19 Hospital Drive
Moose Factory, ON P0L 1W0

705-658-4544 ext. 2274 or 1-866-658-9347

<https://www.waha.ca/service/diabetes-program/>

Paediatric Diabetes Resources

On the websites listed below, as well as on the websites of several PDEPs, you can find information about paediatric diabetes management, including educational resources for children, youth, families, and school staff.

- <https://www.pcmch.on.ca/paediatric-diabetes-network/>
- <https://www.aboutkidshealth.ca/diabeteshub>
- <https://www.cheo.on.ca/en/resources-and-support/diabetes.aspx>
- <https://diabetesatschool.ca/>
- <https://www.diabetes.ca/>
- <https://childrenwithdiabetes.com/>
- <https://diabeteshopefoundation.com/>
- <https://linktr.ee/signsofdiabetesinchildren>

Adult Diabetes Care

Most paediatric diabetes patients transition to adult diabetes care at or around age 18. Some PDEPs are co-located with adult diabetes education programs (same clinic space or location). There are over 100 adult diabetes education programs in Ontario; adult

diabetes care is offered in a number of settings by a range of providers, including Family Health Teams. There are also several Centres for Complex Diabetes Care and diabetes programs specific to Indigenous populations across the province. Visit <https://health811.ontario.ca/static/guest/find-a-service> and search “diabetes” to find diabetes care in your community.

Transition from paediatric to adult care resources:

- <https://www.pcmch.on.ca/transition-to-adult-diabetes-care/>
- <https://www.pcmch.on.ca/transition-to-adult-healthcare-services/>