



Directory of
Paediatric Diabetes
Education Programs

Paediatric Diabetes Network

February 2025



Provincial Council for Maternal and Child Health Paediatric Diabetes Network

Directory of Paediatric Diabetes Education Programs by Ontario Health Region

Last updated on February 26, 2025

Coordinated by the Provincial Council for Maternal and Child Health (PCMCH) since 2013, the Paediatric Diabetes Network (PDN) is comprised of 35 specialized paediatric diabetes education programs (PDEPs) located primarily in hospitals and community health centres across Ontario. Comprehensive diabetes education and care is provided at PDEPs by multidisciplinary teams, largely consisting of registered nurses, registered dietitians, registered social workers, paediatricians, and paediatric endocrinologists.

Please contact the PDEP in your community to learn more about the specific services they provide and where services are provided (some PDEPs have satellite locations in addition to the main site listed herein and/or do outreach to surrounding communities).

PDEPs in the Ontario Health West Region

Diabetes Education Centre, Chatham-Kent Health Alliance

47 Emma Street

Chatham, ON N7L 1A6

519-352-6400 ext. 6086

<https://www.ckha.on.ca/diabetes-education-centre/>

Diabetes Education Centre, Bluewater Health

Level 1, Russell Building

89 Norman Street

Sarnia, ON N7T 6S3

519-464-4400 ext. 5329 or 5650

<https://www.bluewaterhealth.ca/types-of-care/diabetes-clinical-nutrition>

Paediatric Metabolic Clinic, Windsor Regional Hospital

1995 Lens Avenue

Met Campus, 3 North

Windsor, ON N8W 1L9

519-254-5577 ext. 55531

<https://www.wrh.on.ca/PaediatricProgram>

Paediatric Diabetes, Children's Hospital, London Health Sciences Centre

First Floor, Zone B

800 Commissioners Road East



London, ON N6A 5W9
519-685-8500
<https://www.lhsc.on.ca/diabetes>

Diabetes Grey Bruce, Brightshores Health System
1800 8th Street East
Owen Sound, ON N4K 6M9
519-376-2121 ext. 2876
<https://diabetesgreybruce.ca/services/kids-with-diabetes/>

Diabetes Education Program, Langs Community Health Centre
1145 Concession Road
Cambridge, ON N3H 4L6
519-653-1470 ext. 285
<https://www.langs.org/programs-services/health/diabetes-education-program>

Paediatric Diabetes Program, Guelph General Hospital
115 Delhi Street, 7th Floor
Guelph, ON N1E 4J4
519-837-6440 ext. 2784
<https://www.gghorg.ca/paediatrics/>

Juvenile Diabetes Clinic, Grand River Hospital
A Wing, Third Floor
835 King Street West
Kitchener, ON N2G 1G3
519-749-4300 ext. 2491
<https://www.grhosp.on.ca/care/services-departments/childrens-program/childrens-outpatient-services/additional-services-and-clinics>

Diabetes Education Centre, Brant Community Healthcare System
200 Terrace Hill Street
Brantford, ON N3R 1G9
519-751-5544 ext. 4267
www.bchsys.org/hospital/services-list/diabetes-education-centre/

Paediatric Diabetes Clinic, Joseph Brant Hospital
Family Centre, 2nd Floor
1230 Northshore Boulevard
Burlington, ON L7S 1W7
905-632-3737 ext. 5510
<https://www.josephbranthospital.ca/areas-of-care/maternal-child-program/paediatric-unit>

Pediatric Diabetes Program, McMaster Children's Hospital, Hamilton Health Sciences
2G Child & Youth Clinic, Level 2, Section G (Red)

1200 Main Street West
Hamilton, ON L8N 3Z5
905-521-2100 ext. 78513

<https://www.hamiltonhealthsciences.ca/mcmaster-childrens-hospital/areas-of-care/medicine/diabetes-clinic/>

Niagara Diabetes Centre, Niagara Health System

65 Third Street
Welland, ON L3B 4W6
905-682-4200 or 1-800-263-2480

www.niagarahealth.on.ca/en/diabetes-education-centre

PDEPs in the Ontario Health Central Region

Paediatric Diabetes Program, William Osler Health System

Second Level, Zone C, Room 202
Peel Memorial Centre for Integrated Health and Wellness
20 Lynch Street
Brampton, ON L6W 2Z8
905-863-2562

<https://www.williamoslerhs.ca/en/areas-of-care/diabetes-care.aspx#Diabetes-Education-Centre-DEC->

Fourth Floor, Etobicoke Wellness Centre
115 Humber College Boulevard
Etobicoke, ON M9B 4V8
416-747-3400 ext. 32393

<https://www.williamoslerhs.ca/en/areas-of-care/diabetes-care.aspx#Diabetes-Education-Centre-DEC->

Diabetes Care Program, Headwaters Health Care Centre

Lower Level
100 Rolling Hills Drive
Orangeville, ON L9W 4X9
519-941-2702 ext. 2525

<https://www.headwatershealth.ca/areas-of-care/ambulatory-services/diabetes-care/>

Paediatric Diabetes Education Program, Family Care Centre, Trillium Health Partners

2nd Floor, Suite 201
77 Queensway West
Mississauga, ON L5B 1B7
905-848-7653

<https://www.thp.ca/patientservices/children%E2%80%99sservices/paediatricservices/Pages/Paediatric-Diabetes-Education-Centre.aspx>



Paediatric Diabetes Education Program, Halton Healthcare

Area H – Halton Diabetes Program, 2nd Floor, Centre Block
Oakville Trafalgar Memorial Hospital
3001 Hospital Gate
Oakville, ON L6M 0L8
905-338-4437

https://www.haltonhealthcare.on.ca/services_/28763/t28457-halton-diabetes-program/s76228-information-for-children--paediatric-

Tracey Rubinoff Paediatric Diabetes Clinic, Markham Stouffville Hospital, Oak Valley Health

381 Church Street, Clinic 3
Markham, ON L3P 7P3
905-472-7373 ext. 6053

<https://www.oakvalleyhealth.ca/clinics-departments/childbirth-children/childrens-health/child-birth-childrens-clinic/tracey-rubinoff-paediatric-diabetes-clinic/>

Paediatric Diabetes Education Program, Royal Victoria Regional Health Centre

201 Georgian Drive, First Floor
Barrie, ON L4M 6M2
705-797-2395

<https://www.rvh.on.ca/areas-of-care/paediatrics/>

Paediatric Diabetic Education Centre, Orillia Soldiers' Memorial Hospital

170 Colborne Street West
Orillia, ON L3V 2Z3
705-325-2201 Ext. 3152

<https://www.osmh.on.ca/paediatrics/>

PDEPs in the Ontario Health Toronto Region**Diabetes Clinic, The Hospital for Sick Children (SickKids)**

Clinic 9, Burton Wing, Main Floor
170 Elizabeth Street
Toronto, ON M5G 1E8
416-813-5592

<https://www.sickkids.ca/en/care-services/clinics/diabetes-clinic/>

**Child and Teen Diabetes Education Program, North York General Hospital**

NYGH Outpatient and Community Services Centre
South Entrance, Unit 7E
2 Champagne Drive
Toronto, ON M3J 0K2
416-756-6923

<https://www.nygh.on.ca/areas-care/maternal-newborn-and-paediatric-care/paediatrics/paediatric-outpatient-clinics/child-and-teen-diabetes-education-program>

Paediatric Diabetes Education Clinic, Centenary Hospital, Scarborough Health Network

12th Floor, Centenary Hospital
2867 Ellesmere Road
Scarborough, ON M1E 4B9
416-281-7476

<https://www.shn.ca/areas-of-care/diabetes-education/paediatric-diabetes-education-clinic/>

PDEPs in the Ontario Health East Region

Diabetes Clinic, Children's Hospital of Eastern Ontario (CHEO)

C-10
401 Smyth Road
Ottawa, ON K1H 8L1
613-737-7600 ext. 2353

<https://www.cheo.on.ca/en/clinics-services-programs/diabetes-clinic.aspx>



Pediatric Diabetes Education Centre, Peterborough Regional Health Centre

1 Hospital Drive
Peterborough, ON K9J 7C6
705-743-2121 ext. 2235

<https://www.prhc.on.ca/healthcare-services/women-children/pediatric-diabetes-education-centre/>

Charles H. Best Diabetes Centre

360 Columbus Road East
Whitby, ON L1M 1Z5
905-620-0360

www.charleshbest.com/

Quinte Pediatric Diabetes Program

265 Dundas Street East
Belleville, ON K8N 5A9
613-969-7400 ext. 2028

<https://quintehealth.ca/care-service/diabetes-education-program/>

Pediatric Diabetes Education Program, Hotel Dieu Hospital, Kingston Health Sciences Centre

Children's Outpatient Clinic
166 Brock Street
Kingston, ON K7L 5G2
613-544-3400 ext. 3162

<https://kingstonhsc.ca/dem>

Renfrew County Diabetes Education Program, Pembroke Regional Hospital

705 Mackay Street

Pembroke, ON K8A 1G8

1-855-293-7838

<https://www.pembrokeregionalhospital.ca/vascularhealth>

PDEPs in the Ontario Health North West Region

Diabetes Health, St. Joseph's Care Group

St. Joseph's Heritage Site

63 Carrie Street

Thunder Bay, ON P7A 4J2

807-344-3422

<https://sjcg.net/services/complex-physical-rehab/diabetes-health/main.aspx>



Diabetes Program, Sioux Lookout Meno Ya Win Health Centre

1 Meno Ya Win Way, Box 909

Sioux Lookout, ON P8T 1B4

807-737-6576

<https://slmhc.on.ca/departments-and-services/diabetes/>

PDEPs in the Ontario Health North East Region

Algoma Diabetes Education & Care, Group Health Centre

83 Willow Avenue

Sault Ste. Marie, ON P6B 5B1

705-541-2670

<https://ghc.on.ca/public-services/algoma-diabetes-education-care/>



Diabetes Education Centre, North Bay Regional Health Centre

North Bay Site – Nipissing

50 College Drive

P.O. Box 2500

North Bay, ON P1B 5A4

705-472-6111

<https://nbrhc.on.ca/programs-services/outpatient-programs/diabetes-education-centre/>

Part-time sites also in Mattawa and Sturgeon Falls

NEO Kids Diabetes Management Program, Health Sciences North

South Tower, Level 1

Ramsey Lake Health Centre

41 Ramsey Lake Road

Sudbury, ON P3E 5J1

705-523-7120 ext. 3508 or 3545

<https://hsnsudbury.ca/en/Services-and-Specialties/NEO-Kids-and-Family-Program/Pediatric-ACU/Diabetes-Management-Program>

Diabetes Education Centre, Timmins and District Hospital

700 Ross Avenue East

Timmins, ON P4N 8P2

705-267-6371

<https://www.tadh.com/>

Weeneebayko Diabetes Health Education Program, Weeneebayko General Hospital, Weeneebayko Area Health Authority

19 Hospital Drive

Moose Factory, ON P0L 1W0

705-658-4544 ext. 2274 or 1-866-658-9347

<https://www.waha.ca/service/diabetes-program/>

Paediatric Diabetes Resources

On the websites listed below, as well as on the websites of several PDEPs, you can find information about paediatric diabetes management, including educational resources for children, youth, families, and school staff.

- <https://www.pcmch.on.ca/paediatric-diabetes-network/>
- <https://www.aboutkidshealth.ca/diabeteshub>
- <https://www.cheo.on.ca/en/resources-and-support/diabetes.aspx>
- <https://diabetesatschool.ca/>
- <https://www.diabetes.ca/>
- <https://childrenwithdiabetes.com/>
- <https://diabeteshopefoundation.com/>
- <https://linktr.ee/signsofdiabetesinchildren>

Adult Diabetes Care

Most paediatric diabetes patients transition to adult diabetes care at or around age 18. Some PDEPs are co-located with adult diabetes education programs (same clinic space or location). There are over 100 adult diabetes education programs in Ontario; adult diabetes care is offered in a number of settings by a range of providers, including Family Health Teams. There are also several Centres for Complex Diabetes Care and diabetes programs specific to Indigenous populations across the province. Visit <https://health811.ontario.ca/static/guest/find-a-service> and search “diabetes” to find diabetes care in your community.

Transition from paediatric to adult care resources:

- <https://www.pcmch.on.ca/transition-to-adult-diabetes-care/>
- <https://www.pcmch.on.ca/transition-to-adult-healthcare-services/>