

Child and Youth Mental Health Clinician

Position Summary:

The Child and Youth Mental Health Clinician (CY MHC) works with a multidisciplinary team providing psychosocial/behavioural assessments and treatment planning for children/adolescents and their families presenting to the Emergency Department (ED) with acute psychiatric concerns. S/he:

- Collaborates with the multidisciplinary team in planning, implementing and evaluating treatment and discharge plans;
- Collaborates with community mental health providers to refer patients to appropriate services;
- Conducts specific clinical interventions as directed by the multidisciplinary team members;
- Plays a key role in relationship building with community mental health/organizations;
- Models professional and organizational core competencies.

Scope of Practice:

- Provide psychosocial risk assessments, behavioural management, counseling and support for children/youth and their families who present 1) to the ED in an acute psychiatric crisis; 2) are being held in the ED overnight pending a mental health assessment in the morning.
- Work with multidisciplinary team to provide crisis de-escalation, including application and monitoring of 5-point restraints, as needed.
- Liaison with ED and Psychiatry on-call services as well as hospital and community mental health services.
- Prepare recommendations re: case disposition including admission to Inpatient Psychiatry Unit, discharge home with short-term follow-up in the community.
- Crisis follow up planning, including referrals to collaborating agencies, as needed.
- Follow up services with community agencies where applicable when referral made.
- Prepare professional reports (both verbal and written) in a timely fashion.
- Documentation, including CBE (Charting by Exception), on all patient contacts.
- Monitoring of service utilization
- Participate in in-service training regarding the management of psychiatric crisis in children and youth.
- Where applicable provide follow-up services relative to referral to community services to ensure continuum for clients/families

Competencies/Qualifications:

- Masters of Social Work (MSW), Bachelor of Social Work (BSW), Psychologist/Psychological Associate (C.Psych. Assoc), Registered Nurse (RN) and eligibility for registration with discipline-specific professional college (Preferred)
- OR, Child & Youth Worker Diploma (3 year program), or B.A. in Child & Youth Care will be considered based on relevant experience
- Police Record Check (PRC)
- Knowledge of psychiatric disorders in children and youth
- Knowledge regarding how to address suicidal ideation and injury
- Minimum of three years of mental health counseling experience with children, youth and families

- Ability to establish rapport with children, youth and families in crisis
- Non-violent crisis intervention (Preferred)
- Brief therapy training (Preferred)
- Ability to assess and prioritize needs
- Ability to work both collaboratively and independently
- Ability to collaborate with other disciplines in a medical setting
- Willing to work day/evening shifts including on-call crisis response to the Emergency Department
- Sound knowledge of community resources
- Bilingualism (preferred)
- Ability/capacity to respond when on-call (required)