Normal Grief Response

According to the Dyer Model of Grief, grief is a multifaceted response to loss that affects the entire person. It includes physical, emotional, intellectual, spiritual, social and occupational elements.


Please note: Complicated grief is defined as a prolonged, abnormal response to loss that impairs participation with usual daily activities. Consultation and treatment should be sought when the grief if very intense, all-consuming, and disrupts the person’s ability to engage in normal daily activities.

For more information, please refer to the complete report by visiting our website: http://www.pcmch.on.ca